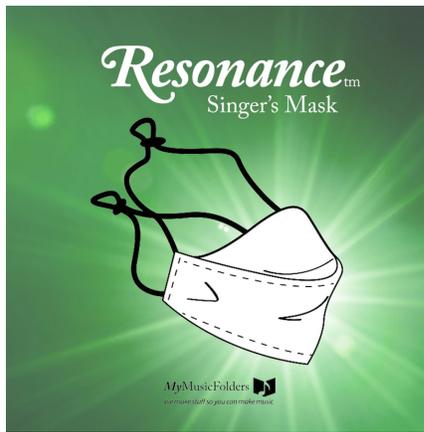


# TAKING CARE OF YOUR RESONANCE SINGER'S MASK



## PUTTING ON:

- With clean hands, insert disposable filter and fit mask over mouth, nose, chin
- Secure elastic loops over your head & behind your neck. Adjust the sliding locks to minimize gaps between your face and mask.
- Once it is on, avoid touching it.

## REMOVAL:

- Handling only straps, un-loop mask from behind and pull it away from your face. Don't touch the front of the mask, your eyes, your nose, or your mouth.
- Place mask in laundry or place in marked bag to transport to laundry.
- Wash your hands.

## LAUNDERING:

- Machine: Wash separately in a laundry bag to prevent tangling. Use warm water and soap, rinse well, and hang to dry or tumble dry.
- Hand Wash: Place mask in a basin, add a squirt of soap/detergent and cover with hot water. Agitate (using spoon or other washable/sterile implement) several times and let sit in soapy water for 10 minutes. Drain and rinse mask well with clear water before gently squeezing excess moisture out of mask and hang to dry.
- See Jar Wash Method Flyer for filter instructions

## TAKE CARE:

- Don't pull mask down in the front. If you touch it, wash your hands.
- Avoid cross contamination - always carry a separate bag to put the used mask in.
- RESONANCE masks should be worn for a maximum of 2 continuous hours, after which it may become saturated with moist exhaled air, which is favorable for bacterial growth.

# Jar-wash your filter

With care you should be able to 10 or more uses of your disposable filter before the edges begin to fray. At that time you will need to replace it with a new filter. Remember, blue side faces away from your face.

